HEALTH & SOCIAL CARE LOCALITY PLAN TEVIOT & LIDDESDALE

for consultation



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TEVIOT & LIDDESDALE

HEALTH & SOCIAL CARE LOCALITY PLAN 2017-2019

1. FOREWORD



In April 2016, following an extensive period of consultation with local people, we published the Scottish Borders Health and Social Care Partnership's Strategic Plan. The Strategic Plan sets out the Partnership's objectives for improving health and social care services for the people in the Scottish Borders and lays the foundation for the key priorities for improvement going forward.

In parallel to this, Community Planning Partnerships (CPP) are also required to produce Locality Plans under the requirements of the Community Empowerment (Scotland) Act 2015. In the future our aspiration is to bring these plans together within one plan.

Guidance from the Scottish Government is clear that local representatives – including health and social care professionals, third and independent sectors, housing, service users and carers – are given the opportunity to influence and inform service planning as we move towards achieving the objectives set out in the Strategic Plan.

As a result local working groups across the five localities in the Scottish Borders have been established. These working groups are made up of local representatives and they have made a significant contribution to the development of this Locality Plan which focuses on local needs and key priorities for improvement from the perspective of local people who use and deliver health and social care services.

Our aim is that we plan, commission and deliver services in a way that puts people at the heart of decision making as well as meets the needs of local communities. As such we want to continue to work in partnership with everyone who has an interest in improving health and social care services at a local level and seek your view on this Locality Plan.

Together, with you, we know we can make a real difference.

Elaine Torrance

Chief Officer for Health and Social Care Integration Scottish Borders

TEVIOT & LIDDESDALE HEALTH & SOCIAL CARE LOCALITY PLAN 2017-2019

2. CONTEXT FOR THIS PLAN

The Scottish Government, through the Public Bodies (Joint Working) (Scotland) Act 2014 has two very clear aims.

Better **outcomes and experiences** for individuals and communities

Better **use of resources** across health, care and support systems at national and local levels.

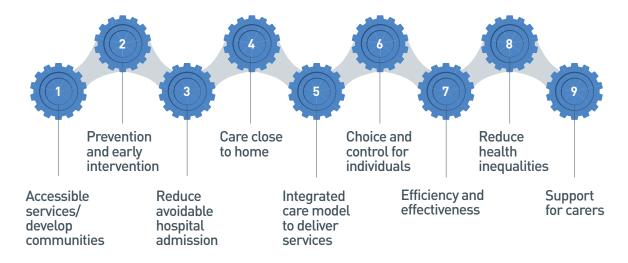
In order to address these aims and after extensive consultation during 2015-2016, the Scottish Borders Health & Social Care Partnership published its Strategic Plan where the following vision and objectives are outlined.

Scottish Borders Strategic Plan 2016 -19

"work together for the best possible health and well-being in our communities"

9 Scottish Borders Local Objectives

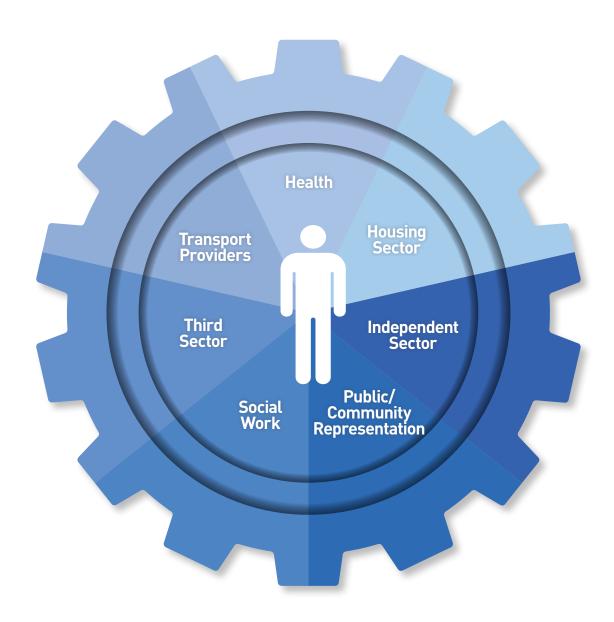
(defined during consultation on our Strategic Plan in 2015)



The Borders Health & Social Care Strategic Plan can be accessed www.scotborders.gov.uk/HSCStrategicPlan

How the Partnership seeks to meet the Objectives laid out in the Strategic Plan at a local level requires to be demonstrated in a local plan. The Scottish Borders already has five localities - Berwickshire, Cheviot, Eildon, Teviot & Liddesdale and Tweeddale. **This plan is for Teviot & Liddesdale**.

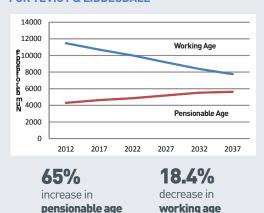
Five Locality Working Groups have been established and have contributed to the development of the five local plans. All key stakeholders are represented on the locality working groups as indicated below:



Details of the Teviot Locality Working Group can be found www.scotborders.gov.uk/TeviotLocality

3. THE TEVIOT AREA - AREA PROFILE

PROJECTED POPULATION 2012-2037 FOR TEVIOT & LIDDESDALE



POPULATION

17,965 population*
(31% of the Scottish Borders)

13.5% aged **0-15** (Scottish Borders = 16.7%)

58.6% aged **16-64** (Scottish Borders = **60.2%**)

27.9% aged **65+** (Scottish Borders = **23.1%**)

*(est 2014)



AREA

14.2% live in an area of less than 500 people (Scottish Borders = 27.4%)

26% live in rural areas 8% Remote rural 18% Accessible rural

Settlements with more than 500 people:

TOWN	POPULATION
Hawick	14,003
Newcastleton	757
Denholm	625

LIFE EXPECTANCY RANGE

77.3 to **78.5** yrs men (Scottish Borders = 78.1)

79.9 to **84.1** yrs women (Scottish Borders = 82)

Highest rate of coronary heart disease hospitalisations and early deaths (compared to the Scottish Borders and Scotland)

646.3 per 100,00

Higher rate of alcohol related hospitalisations and deaths and increasing in recent years (Compared to Borders = 566)

580.9 per 100,000 Highest rate of COPD hospitalisations

(compared to Scottish Borders=497.6)

HEALTH OF THE LOCALITY

A&E ATTENDANCE

50.2% non-emergencies could be cared for within **Locality** (last year 45.9%)

49.8% emergencies (last year 54.1%)

Higher rate of emergency hospitalisations (compared to Scottish Borders)

LONG TERM CONDITIONS

1,233 on **Diabetes Register 7.65%** of **GP Register over 15 yrs**

201 on Dementia Register 4.34% of GP Register over 65 yrs

5463 per 100,000 Multiple emergency hospitalisations Patients 65+

(Teviot has a higher rate) (Scottish Borders = 5122.5 Scotland = 5159.5)



NEIGHBOURHOOD AND COMMUNITY INFLUENCES ON HEALTH

15.0% report accessibility to public transport as an issue (Scottish Borders=16.6%)

8.4% feel lonely or isolated (Scottish Borders = 6.1%)

8 culture and sport facilities operated by the public sector (Scottish Borders = 69)

Teviot is the **most deprived population** in the **Scottish Borders** with **over 40%** of its **population living in the 4 most deprived deciles**

Teviot has **highest number** of individuals **claiming JSA** and **pension credits**

Among lowest suicide rates in the Scottish Borders at 12.3 per 100,000

SAFETY

9.19 Highest rate of over 75 falls per 1000

(compared to 5.62 for Scottish Borders)

1.07 rate of fires in homes per 1,000 (Scottish Borders = 0.74)

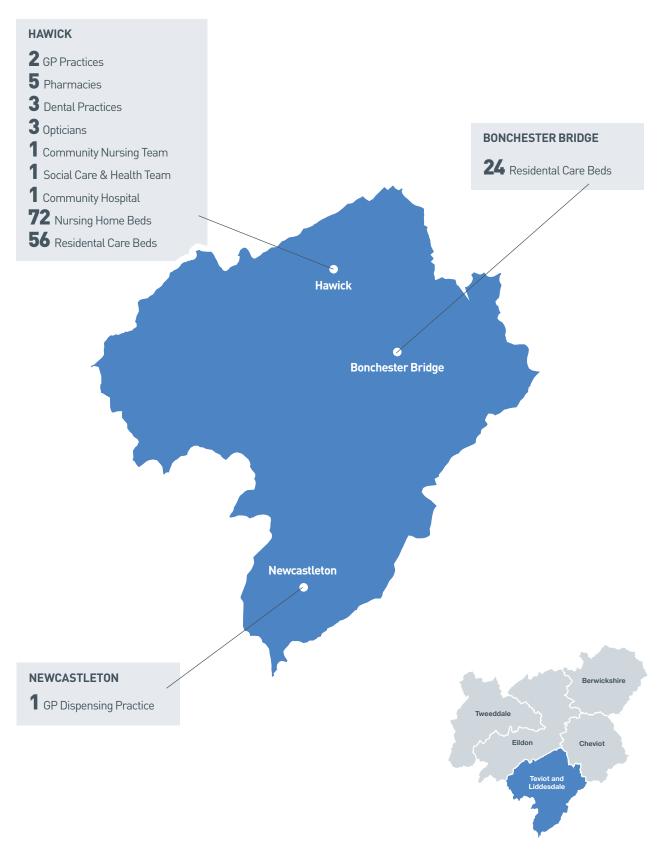
17% say there are areas where they feel unsafe (Scottish Borders = 12.5%)

PROPOSED HOUSING DEVELOPMENTS

AFFORDABLE HOUSING		EXTRA CARE HOUSING
2017-2018	6 units	=
2018-2019	12 units	-
2019-2020	-	-



3. THE TEVIOT & LIDDESDALE AREA SERVICES & SUPPORT 2017-2019



TEVIOT & LIDDESDALE HEALTH & SOCIAL CARE LOCALITY PLAN 2017-2019

4. PRIORITIES FOR TEVIOT & LIDDESDALE 2017-2019

Our understanding of Teviot & Liddesdale is taken from:

- our analysis of both national and local data and statistics (e.g. Area Profile),
- the knowledge and experience of our service users and carers
- the views of the Locality Working Group
- the knowledge and experience of staff working within the community

The following priorities for Teviot & Liddesdale have been identified and will contribute to the 9 local objectives for Integration:

PRI	ORITIES FOR TEVIOT & LIDDESDALE	WHAT MAKES THIS A PRIORITY FOR TEVIOT & LIDDESDALE
•	Improve the availability and accessibility of services for people living in rural areas and towns across Teviot	 limited access to transport networks in rural areas tendency for services to be located in large settlement areas lack of care at home providers in rural areas
•	Increase the availability of locally based rehabilitation services	 limited allied health professional services in the community limited rehabilitation support workers in the community no domiciliary physiotherapy services in the community limited access to day hospital services
•	Increase the range of care and support options across the locality to enable people to remain in their own homes and communities	 difficulty recruiting and sustaining capacity in provider organisations lack of paid carers across locality lack of domiciliary care provision lack of transitional care beds in Teviot increased reliance on residential and nursing home placements tendency to pilot different models and approaches within one locality with no roll out to other localities
•	Increase the range of housing options available across the locality	significant projected increase in people of pensionable agelimited options for housing in rural/outlying areas
•	Develop robust preventative services and early intervention for long term conditions	higher than average incidence of long term conditions in Teviot increased non-emergency attendances at BGH due to lack of local alternatives limited access to preventative services

Work is currently underway to support the delivery of the 9 Local Objectives and an action plan has been developed which identifies work required to ensure the ongoing delivery of the priorities for Teviot. This is summarised in **Appendix 1**.

There are some actions which are common across the whole of the Scottish Borders and will be progressed at a Scottish Borders Partnership level, for example the provision of IT access within integrated sites. These actions can be viewed in the Borders wide summary plan in **Appendix 2**.

These actions will be continually evaluated and the plan updated annually.

APPENDIX 1 ACTION PLAN FOR TEVIOT & LIDDESDALE

PRIORITY: Improve the availability and accessibility of services for people living in rural areas and towns across Teviot

WORK UNDERWAY	ACTION REQUIRED	HOW THIS CONTRIBUTES TO THE PRIORITY	OWNER	TIMEFRAME
Investigating integrated team working between Health, Social care and Third sector	Develop one integrated team covering all areas across the locality Implement joint staff meetings and training for Health, Social care and Third sector staff	Improve access to health and social care services at a local level Sharing of information to support people at home Improve sharing of information at a local level Improve staff understanding of roles and responsibilities Increase efficiency and reduce duplication Improve access to care at home Support the prevention of unnecessary admission to hospital Provide alternatives to attendance at hospital Reduced inequalities for people within rural areas	Health and Social care partnership leads, Allied Health Professional leads Third sector leads	March 2018
Working with the Transport Hub to improve rural transport	Develop a link with the Transport Hub to establish rural needs and potential solutions	Supports people from rural areas to access services	Transport Hub	September 2017
Establishing "What Matters" hub in Burnfoot, Hawick	Work with Community led support steering group to establish appropriate "What Matters" hubs across the Teviot locality	Supports people from rural areas to access information, support and services	Community led support	2017-18

PRIORITY: Increase the availability of locally based rehabilitation services

WORK UNDERWAY	ACTION REQUIRED	HOW THIS CONTRIBUTES TO THE PRIORITY	OWNER	TIMEFRAME
Investigating integrated working across Health, Social care and Third sector	Scope out the gaps in community rehabilitation services across the partnership and devise and implement a structure to address these Increase access to Allied Health Professionals and support staff to manage peoples' rehabilitation needs within the community	 Support peoples' rehabilitation at home Reduce hospital admissions Improve peoples' outcomes Support safe discharge from hospital Reduce the reliance on home care provision Reduce delayed discharges Reduce the admissions to bed based care facilities Supports positive risk taking 	Locality working group Allied Health Professional leads	September 2017
Rehabilitation approach ongoing with care providers across SB cares and Third/ Independent sector	Link with Third sector around development of the model and roll out	Support the reablement work within SB cares and independent home care providers	Red CrossSB caresIndependent providers	March 2018
Day services review	 Link with the programme and input into service redesign as required from the locality 	 Supports the redesign of day services Increased options to support people to remain at home 	 Day services review project manager Locality working group 	September 2017
Live Borders "Active ageing" programme	Support and inform future developments within the locality	 Supports self- management Prevents hospital admissions Maintains peoples' current abilities 	Locality working group Live Borders	
Investigating previous examples of good practice	Review benefits of Teviot Project and scope out opportunities for future development	Reduced length of stay in hospital Increased options to support people to remain at home More people treated at home instead of hospital	Locality working group Allied Health Professional leads	October 2017

PRIORITY: Increase the range of available care and support options across the locality to enable people to remain in their own homes and communities

WORK UNDERWAY	ACTION REQUIRED	HOW THIS CONTRIBUTES TO THE PRIORITY	OWNER	TIMEFRAME
Burnfoot, Hawick "What Matters" hub launch 22nd May Ongoing communication in relation to Carers Act Increased awareness and usage of self- directed support	Work with Community led support steering group to establish "What Matters" hubs across the Teviot locality Ensure "What Matters" hubs have relevant information available eg. Carers Act and self-directed support	 People are able to access information and services earlier People are supported to be as independent as possible Community resources are key to support people at home People are supported to self-manage Reduced waiting lists 	Community led Support Steering group	March 2018
Increased recruitment by providers Work with care providers to identify opportunities for development of care services Frailty redesign programme to ensure people are supported to stay at home Long term conditions pathway work across the partnership My Home Life initiative	Work with providers in the development of available support services Support the implementation of new ways of working through the frailty redesign pathways Support the independent sector to implement My Home Life	 Reduced care home admissions Reduced waiting lists People are supported to remain at home People are engaged with at an earlier stage to prevent crisis occurring Helps to fully engage the skills and expertise of voluntary and third sector partners 	Locality working group Commissioners Frailty group Independent sector Scottish Care	March 2018
Reablement provision through Red Cross	Support the further development of reablement services within the Third sector	 People are supported to stay at home People are supported to self-manage Less reliance on home care provision 	Locality working group Red Cross	March 2018
 Equipment provision being reviewed Satellite equipment stores being reviewed 	Support the redesign of Borders Ability Equipment Service to support people in the community	 Improved access to equipment at point of need People are supported to stay at home 	Borders Ability Equipment service	October 2017
Development of new Community resources	Support development of community capacity building initiatives	 People are supported to self manage Training and development to empower individuals Building capacity to form stronger communities 	Borders Community capacity building team	2017/18
"Healthy living network" local activities programme in Burnfoot, Hawick	 Link to develop locality specific services Development of further healthy living network activity plans 	 Supports local people to continue to be managed at home Supports the health inequalities agenda 	 Joint Health Improvement Team Locality working group 	September 2017

PRIORITY: Increase the range of available care and support options across the locality cont...

WORK UNDERWAY	ACTION REQUIRED	HOW THIS CONTRIBUTES TO THE PRIORITY	OWNER	TIMEFRAME
Paramedic practitioner project, Teviot Medical Practice	Support rollout at other practices	 Supports people to remain at home Releases GP capacity 	 Teviot Medical Practice Scottish Ambulance Service 	
Matching Unit launched in Hawick 17th April to source home care provision and match with assessed need	Increase range of available options from Social Work managed care packages offered at launch to include direct payments and individual service fund	 Releases staff capacity Highlight areas where there is difficulty sourcing home care eg. Rural areas 	Matching Unit Project Manager	2017/18
Participatory budgeting (PB) at Burnfoot Community Centre	Engage with Burnfoot Community Futures following their successful bid for a new social group for senior ages	 Reduces loneliness and isolation Provides services within local community 	Burnfoot Community Futures	October 2017

PRIORITY: Increase the range of housing options available across the locality

WORK UNDERWAY	ACTION REQUIRED	HOW THIS CONTRIBUTES TO THE PRIORITY	OWNER	TIMEFRAME
Local housing providers represented on Locality working group	Work with registered social landlords to develop alternative accommodation across all areas of the locality	Increase availability of affordable housing	Registered social landlordsHousing Strategy team	2017-2019
Strategic Housing Investment Plan (SHIP) 2017-22	Support the development of appropriate extra care housing	People are able to access appropriate supported housing within their own communities	Housing Strategy team	2020-2021

PRIORITY: Develop robust preventative services and early intervention for long term conditions

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WORK UNDERWAY	ACTION REQUIRED	HOW THIS CONTRIBUTES TO THE PRIORITY	OWNER	TIMEFRAME
Ongoing long term conditions pathway work Gathering information on diabetes pathway with Information Service Division (ISD)	Improve preventative and early intervention elements of the care pathway	 Supports people to self-manage at home Supports people to remain well for longer 	 Primary Care Team Consultant for diabetes 	March 2018
GP Cluster leads appointed	Work with GP cluster quality leads to improve preventative approaches in primary care	Identifies people with long term conditions to be supported earlier	GP cluster quality leads	March 2018
Establishing "What Matters" hub in Burnfoot, Hawick NHS Informs relaunched	Improve access to information on self -management	Earlier access to condition specific information	Locality working group	September 2017
National Anticipatory Plan	Support the rollout of anticipatory care planning	Early identification of support mechanisms	GP cluster quality leads	March 2018

APPENDIX 2 BORDERS WIDE SUMMARY ACTION PLAN

Devised in line with strategic plan together with national outcomes and local objectives.

PRIORITIES	ACTION PLAN
Increase the range of care & support options across the Scottish Borders to enable people to remain in their own homes and communities	 Work with providers in the development of available support services Support the implementation of new ways of working through the frailty redesign pathway Support the independent sector to implement "My Home Life" initiative Support the redesign of Borders Ability Equipment Service to support people in the community Support development of community capacity building initiatives to develop locality specific services Development of further healthy living network activity plans Provide joint training and development for staff Develop "What Matters" hubs Adopt the National Anticipatory care plan Develop integrated teams within each Locality to improve outcomes for the people of that locality Increase interventions to support people to remain at home and reduce the need for ED /GP attendance Support discharge from hospital at an appropriate stage with the right service interventions Early identification of people who require support through early interventions and screening Establish SBC IT access within identified Health centres to enable NHS staff to access SBC systems and allow Social care & health staff to work from health office
Improve the availability and accessibility of services across the Scottish Borders	 Bring together staff from NHS, SBC and Third sector to work together within integrated teams Develop a link with the transport hub to establish rural need and potential solutions Develop "What Matters" hubs
Increase the availability of locally based rehabilitation services across the Scottish Borders	 Support the further development of reablement services within the Third sector Scope out the gaps in community rehabilitation services across the partnership and devise and implement a structure to address these Increase access to Allied Health Professionals and support staff to manage peoples' rehabilitation needs within the community Link with Third sector around development of the reablement model and roll out to all areas Link with the Day services review programme and input into service redesign as required from each locality Support and inform future developments within the locality
Increase the range of housing options available across the Scottish Borders	Work with registered social landlords to develop alternative accommodation across all localities Support delivery of extra care housing

TEVIOT & LIDDESDALE HEALTH & SOCIAL CARE LOCALITY PLAN 2017-2019

WORK HAS BEEN INFORMED BY

This plan has been informed in consultation and dialogue with the stakeholders involved in developing the plans, strategies and programmes listed below:

- Community Learning and Development Strategic Plan 2015-2020
- Community Led Support
- Frailty Redesign Programme
- Living well with a disability Future services for people with a physical disability 2013
- Reducing inequalities in the Scottish Borders 2015-2020 Strategic Plan
- Scottish Borders Alcohol & Drugs Partnership Strategy 2015-2020
- Scottish Borders Autism Strategy 2015
- Scottish Borders Council Local Housing Strategy 2012-17
- Scottish Borders Learning Disability Service Strategic Commissioning Plan 2016-19
- Strategic Housing Investment Plan (SHIP) 2017-22
- The Keys to life strategy 2013

This consultative approach will continue throughout the delivery of this plan.

HEALTH & SOCIAL CARE LOCALITY PLAN 2017-2019 WHAT DO YOU THINK?

We want to know what you think about this plan.
Please answer these questions online or send it back by 16 September to:
Christopher Svensson FREEPOST RRBU – KBCB – JBJG Borders Health and Social Care Partnership Council Headquarters Newtown St Boswells MELROSE TD6 0SA tel: 0300 100 1800 email: integration@scotborders.gov.uk www.scotborders.gov.uk/HSCPLocalityPlans
1. We would like to know what you think about the Health and Social Care Locality Plan for Teviot & Liddesdale.
Do you like: How it looks? Yes No How it is laid out? Yes No What is in it? Yes No
Do you have any other comments? (on a separate sheet if necessary)
2. The priorities in Teviot & Liddesdale have been identified as:
 Improve the availability and accessibility of services Increase the availability of rehabilitation services Increase the range of available care and support Increase the range of housing Develop robust preventative services and early intervention for long term conditions
Are these the right priorities for Teviot & Liddesdale?
Yes No
Are there any key priorities missing for Teviot & Liddesdale?
Yes No
Please comment: (on a separate sheet if necessary)

3. The Locality Working Group has contributed to the development of this plan and is made up of the following representatives:

Health	Housing Sector	Independent sector	Public/Community Representation
Social Work	Transport	Third sector	
Do you think there	are any groups miss	sing? Yes	No
Please comment: (on a separate sheet if necessary)			
			,
4. What is your լ	oostcode	5.	What is your age
6. Do you have a	disability?		
Yes	No	Pref	er not to say
7. Are you a Car	er?		
Yes	No	Pref	er not to say

THANK YOU

Thank you for completing this survey.

Scottish Borders Council will treat your information in strictest confidence and will store it securely. We will not disclose your personal information to anyone outside our organisation and it will be destroyed in line with our retention schedule.

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